To Upper School Students and Parents,

Fall sports are just around the corner, so it is time to start planning for your student-athlete. All sports schedules will be posted on the athletic website for your convenience at https://www.sgsdragonathletics.com/. We have a no-cut sports program and encourage participation. There is a spot for everyone, come be part of a team. If you are new to Saint George's School, athletics is the perfect way to get involved. If you have any questions please call me, Ryan Peplinski, at school.

Monday, August 24th is the first day of practice for fall sports in the Upper School. It is very important that all athletes are in good shape before the season starts. It is also vital to drink plenty of liquids prior to and during practice. August weather can be very draining on the body. Each athlete should make sure to start drinking extra fluids two weeks prior to practice. **Practice will be after school each day.** Coaches will give participants and parents a practice schedule for the remainder of the season once the teams have met. All students will be able to catch the late bus Mondays through Thursdays, if needed, unless we have a contest on that day. The team schedules will be on the website and updated regularly.

Head Coaches –
Cross Country -Rick Riley - rickscoaching@hotmail.com
Boys Soccer - Mark Rickard – mark.rickard@sgs.org
Volleyball - Jessi Reed – jessireed1999@gmail.com
Boys Basketball – TJ Moulton - tj.moulton@sgs.org
Girls Basketball – Brad Kirsch – brad.kirsch@sgs.org
Track & Field – TJ Moulton - tj.moulton@sgs.org
Tennis – tbd
Golf – Jason Reeder - reeder.jt@gmail.com

We are very excited for a great start to another year of Dragon Athletics!

Each student/athlete must have all forms submitted prior to the first practice, or they will be unable to participate in practice. Even if you do not participate in fall sports, but participate in other activities throughout the year, it is best to get these forms in at the beginning of the year when possible. **Note** – All forms are on Final Forms, our form collection website. There is a link on Final Forms to the official Physical Form.

Once all forms are turned in on Final Forms, athletes may participate in practice.

Important Upper School Dates for 2026-2027

Fall Sports Begin	August 24	
State Cross Country	November 7	
State Volleyball	November 11-12	
State Soccer	November 21-22	
Basketball Begins	November 16	
State Basketball	March 3-6	
Spring Sports Begin	March 1	
State for Spring Sports	Golf -	May 18-19
	Tennis -	May 21-22
	Track -	May 27-29

I encourage you to attend any games you can – the kids love to have fans to cheer them on. If you have any questions, feel free to call me at 464-8782 or e-mail me at ryan.peplinski@sgs.org.

Go Dragons!

Ryan Peplinski
Athletic Director