Upper School Overnight Trips
August 26th – 27th, 2026

11th Grade to Lake Spokane Campground and
12th Grade to Camp Reed

Start your school year out right! We will swim, eat, camp, and get to know each other while enjoying the outdoors. Please note that these trips are suitable for all experience levels and abilities, so everyone can join us. These trips are school sponsored; expenses are covered, and the trip dates will not affect fall sports.

So get your bag packed and get ready to go! If you have any specific problems with equipment, let us know as we have extra gear that we can loan out if needed. We will have more than enough good food, drinks, and snacks. Please leave the energy drinks, sodas, cell phones, electronics, and other unnecessary items at home for this trip. Also, remember that there is no need for valuables. If you do not want to lose it, leave it at home.

Equipment List
US Overnight Trips

Equipment provided by the student:

- ❑ Packed personal lunch for the 1st day
- ❑ Duffel bag for personal gear
- ❑ 1-2 upper body layers (no cotton)
- ❑ 1 lower layer (no cotton)
- ❑ Sun hat and warm hat
- ❑ 2 pairs of socks (no cotton)
- ❑ Rain top and bottom
- ❑ Lightweight hiking boots or running shoes
- ❑ Sleeping bag (mummy bag/ no cotton)
- ❑ Sleeping pad for 11th Graders only
- ❑ Water bottle (one liter at least)
- ❑ Sunglasses and sunscreen
- ❑ Swim wear and towel
- ❑ Headlamp or flashlight
- ❑ Bandanna
- ❑ Toiletries (toothbrush, toothpaste and not much else)
- ❑ Camera (optional)
- ❑ Optical needs (contacts & solution and/or glasses)
- ❑ Necessary medications
- ❑ Personal eating utensils (cup, bowl, fork & spoon) for 11th graders only
- ❑ Tent if you have one and are willing to share with other students for 11 graders only.