



The girls' soccer team celebrates a playoff victory

# Connecting Individuals with Teams

**Saint George's Athletics** has a long tradition of success stemming from caring, knowledgeable coaches. Our coaches work to build relationships with our students and support them both in their season, and in their other endeavors as well. SGS coaches run great programs where they are able to mesh some of the best athletes in the Spokane area with some who are newer to the sport. They foster leadership skills, which help teams gel as a unit, and they incentivize our student-athletes to work hard for each other.

Our success also relies on great participation numbers. Around 80% of our student body plays at least one sport each year. It is a place where each student-athlete can feel connected to others in their class and across the entire school.

Athletic teams give new students a big boost in learning school culture and meeting new friends. For international students, they get a head start on everyday language and make life-long friendships in a short time.

Our older student-athletes also do an excellent job showing our younger players how to best approach athletics and schoolwork.



Students from China, Spain, and France, as well as Spokane, contributed to the Dragons' success on the soccer pitch in 2022

It is not rare to see books open and our juniors and seniors doing homework on road trips. They model how to be successful both on and off the court.

Getting on the road, being together in the bleachers, rooting on teammates, and really getting to know each other is one of the best aspects of sports in a school setting. Building resilience, enjoying comradery, and achieving common goals are always important, but there is also much value in the journey.

— Ryan Peplinski, Athletic Director & Boys Basketball Coach

