

Spring Break Climbing Trip to Smith Rocks (a world-class climbing destination), Oregon

April 3rd – 7th, 2023 – open to 8th – 12th graders!

Learn what it means to be a “climber” and experience all aspects of climbing (top roping, what it means to lead, and possibly bouldering). Leave SGS at 7:30 am or downtown at 8:00 am on Monday, April 3rd. We will call with our arrival times on our way home on Friday, April 7th. We will travel in school vehicles. We will camp at Smith Rocks State Park Campground. The facilities have showers.

Chaperones are Melanie Mildrew and Lauren Boubel – Please see us with your questions!

Cost is \$400.00. We need a minimum of 5 students to make this trip happen and cannot take more than 10. This trip is open to 8th through 12th graders. Fill out permission slips on PowerSchool and give your payment to Melanie by March 15th to sign up. We will start a waiting list once we hit 10 students. We would like to establish our group early to do some training and lessons here.

We will stop for lunch on the way there and back. This is included in the cost. If you want to buy treats when we stop for fuel, please bring money for this otherwise you should not need any cash.

Equipment provided by the student:

- big day pack
- 2-3 upper body layers
- 1-2 lower layers
- warm jacket for the evenings
- sun hat and warm hat and gloves
- couple pair of socks
- rain top and bottom
- lightweight hiking boots or sneakers that you can hike comfortably in
- camp shoes
- sleeping bag (mummy style - not 3rd grade slumber party style - and no cotton)
- sleeping pad
- water bottles (2 one-liter bottles at least or a hydration system with a one-liter water bottle)
- sunglasses and sunscreen
- towel
- headlamp or flashlight
- bandanna
- toiletries (toothbrush, toothpaste, soap and shampoo, etc)
- shoes to shower in
- camera
- optical needs (contact stuff and/or a pair of glasses)
- necessary medications
- personal eating utensils (cup, bowl, mug for hot drinks, fork and spoon)
- ChapStick
- nail clippers

Equipment provided by the school:

- climbing gear but you are welcome to bring your own
- Tents but you are welcome to bring your own
- food and cooking equipment
- first aid kits